

"SYSTEM-INVOLVED"

Youth and Families

Heartland

WHO IS ELIGIBLE FOR SERVICES?

180



Justice-Involved

Youth and families who have come in contact with the justice system are eligible to enter our programming at no cost. Whether it is the youth or a member of the household, justice system involvement would qualify all to participate.



DCF or CINC

Youth and families that are involved with a DCF or CINC case would automatically qualify for services at no cost. Whether youth are in foster care or the family is engaged in a CINC case, all would be able to engage in our programming.



Mental/Behavioral Health

A new mental/behavioral health crisis would allow for youth and their families to engage with our programming. This referral could come from any of the professionals in a youth's life, and would allow for the youth and their family to receive services at no cost to foster support for all who are working through the crisis.

REFER NOW



www.heartland180.org

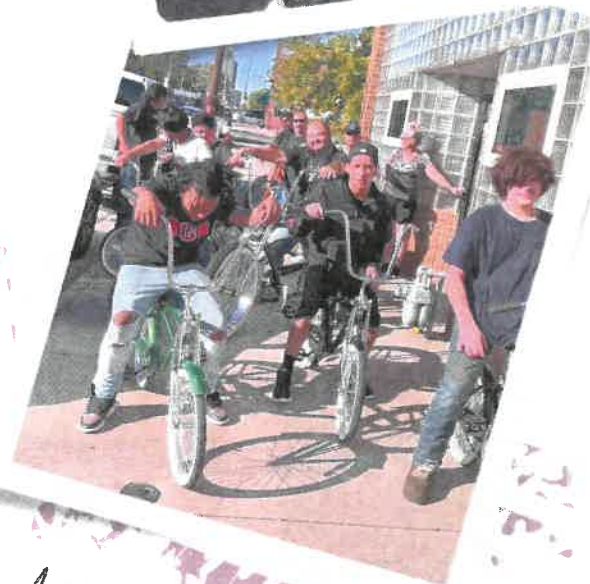


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Youth PROGRAMMING

WHAT DO WE HAVE TO OFFER?

GIRLS CIRCLE

This structured support group for girls and gender expansive youth integrates relational theory, resiliency practices, and skills training. It is designed to increase positive connection, strength, and competence.

THE COUNCIL FOR BOYS AND YOUNG MEN

This is a strengths-based group approach to promote boys' and young men's safe and healthy passage through pre-teen and adolescent years. In this structured environment, participants gain the vital opportunity to address masculine definitions and behaviors and build capacities to find their innate value and create good lives individually and collectively.

180 DEGREES PROGRAM

The 180 Degrees Program is a Social-Emotional Learning (SEL) curriculum for Middle and High School students aimed at helping them direct their future by increasing self-awareness, self-development, social awareness and responsibility. This outcome-based curriculum measures both academic and personal development.

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GIRLS CIRCLE



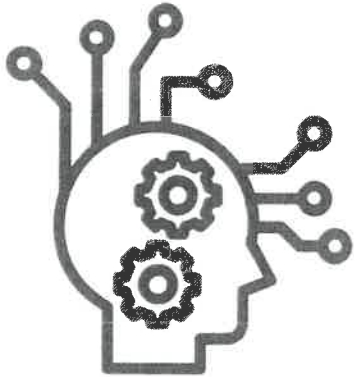
THE
COUNCIL®
FOR BOYS AND YOUNG MEN

180°

Enhancing Lives One Degree at a Time

HEARTLAND 180 INC.

PROGRAMS



H180 Program:

After school program for middle and high school students using the 180 degree curriculum that focuses on social emotional learning to teach life skills



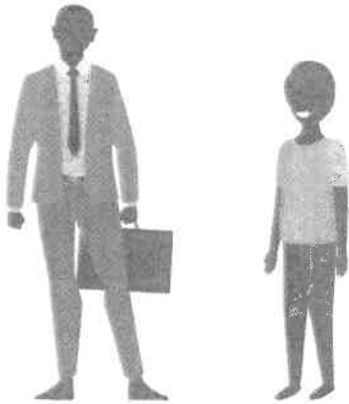
Parent Project:

Parenting course that teaches parents how to address certain behavioral issues in adolescents, like poor school performance and teen violence and bullying.



Strengthening Families:

The updated Strengthening Families Program: For Parents and Youth 10-14 is delivered in seven parent, youth, and family sessions using narrated videos portraying typical youth and parent situations with diverse families.



Growing into Manhood:

A program for young African American men (ages 11-17) that focuses on social emotional learning, life skills, and character development.

CONTACT US:



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